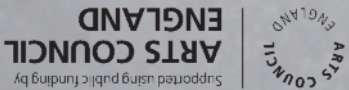


February 2018	Event	Time	Venue	Cost
Sunday 18th	What would you like to leave behind? – printmaking workshop	11.00-3.30pm	Spielman Centre	£10
Thurs 22nd – Sun 25th	Inside the Crematorium – photography exhibition	10.00-4.00pm	Anglican Chapel Crypt	Free
Thursday 22nd	Past Mortems – Life and Death behind Mortuary Doors – talk	6.30-7.45pm	Anglican Chapel	£12 – Sold Out
Friday 23rd	Morbid Curiosity Night Tour	7.30-9.00pm	On site	£10
	Life and Death (but Mainly Death) with Dr Phil Hammond – comedy	8.15-9.15pm	Anglican Chapel	£10
	Living and Dying Mindful – photography workshop	10.00-12.30pm	Spielman Centre	£35
	Remains to be Seen – a talk by Carla Valentine	10.30-11.30am	Anglican Chapel	£12
Saturday 24th	Jimmy Galvin Art & Music installation	1.00-5.00pm	Anglican Chapel	Free
	Radio Atlas presents: Requiem from a Cemetery	Showings: 5pm, 6pm, 7pm	Spielman Centre	Free
	Morbid Curiosity Night Tour	6.30-8.00pm	On site	£10
	Death Disco	8.00-11.30pm	Anglican Chapel	£8
	Morbid Ink: Human Memorial Tattoos – talk	10.00-11.00am	Spielman Centre	£5
	Poetry Machine – live poetry	10.00-3.00pm	Cafe	Donations
	Poetry Workshop	11.30-12.30pm	Spielman Centre	£7
	Putting the Fun back into Funerals – talk	1.30-2.30pm	Spielman Centre	£4
	The Many Doors of Frank Feelbad – children's theatre	Performances: 2pm and 4pm	Anglican Chapel	£8 adult, £6 child
	Death Cafe	3.00-4.30pm	Spielman Centre	Donations
Sunday 25th	Taste-along to Sleepy Hollow – film	8.30-11.00pm	Anglican Chapel	£15 – Sold Out
	Talks and Demos Day	10.00-4.00pm	Spielman Centre	Free
	Natural Burial Woodland Tour	11.00-12.15pm	On site	Free
	Drop-in Death films – short films	11.00-1.00pm	Anglican Chapel	Donations
	Death over Dinner	6.00-7.30pm	Spielman Centre	£12
	The Death Show – theatre	7.30-8.30pm	Anglican Chapel	£10-12



An eclectic mix of performances, talks, exhibitions and film aimed at encouraging conversations about death, dying and living well. To book tickets please go to: arnosvale.org/life-death-rest



EVENT TIMETABLE

HOW DO WE LIVE AND DIE WELL?

Life, Death (and the Rest) is a new arts festival taking part in Bristol that supports a growing social movement talking about death, and how we remember our loved ones.



PLANNING YOUR VISIT

Opening times
The gates are open from 9am until the end of the event. Kate's Kitchen café is open throughout the festival, please see the website for more information.

Arnos Vale Cemetery Trust is a charity dependent on public donations. Boxes can be found around the site. Suggested donation: Adults £2.50. Children £1.

Getting here
By car: Arnos Vale Cemetery lies close to Bristol city centre on the A4 Bath Road. There is limited parking on site.

As a green site Arnos Vale encourages the use of public transport. The nearest train station is Temple Meads, located just under a mile west of the site. Bus services 1, X39, 57, 178 and 349 stop outside. We have bicycle parking on site.

We welcome dogs
Arnos Vale is a 45 acre nature site and a haven for dog walkers. Please keep dogs on leads and note that they are not allowed in any of the buildings.



Arnos Vale Cemetery,
Bath Road, Bristol, BS4 3EW

Tel: +44(0) 117 971 9117
www.arnosvale.org.uk

Registered Charity No. 1120210



Design: Frisbee Creative



ARNOS VALE



22nd – 25th February 2018

A festival of eclectic performances, talks, exhibitions and film to encourage conversations about death, dying and living well.

@Arnos Vale Cemetery, Bristol.
arnosvale.org.uk/life-death-rest



Supported using public funding by
ARTS COUNCIL ENGLAND

SUNDAY 18TH FEBRUARY

What would you like to leave behind?

Informal one-day printmaking workshop for all ages, with Jessie Blindell exploring and celebrating memory, legacy and what we hope to leave behind. Design your own block-printing letters and produce a series of hand-printed messages, that will be on display in the Spielman Centre throughout the festival.

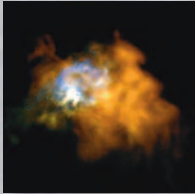
Cost: £10
Venue: Spielman Centre
Time: 11am-3.30pm

THU 22ND – SUN 25TH FEBRUARY

Inside the Crematorium

A privileged insight into a very final stage of human existence through the work of Bristol-based photographer Stephen Lewis.

Cost: Free
Venue: Anglican Chapel Crypt
Time: 10am-4pm



THURSDAY 22ND FEBRUARY

Past Mortems – Life and Death behind Mortuary Doors

Join mortician Carla Valentine for a special presentation. She will take you through the procedure of an autopsy in the same way as the chapters are laid out in her book, Past Mortems.

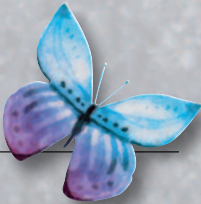
Cost: £12
Venue: Anglican Chapel
Time: 6.30-7.45pm



Morbid Curiosity Tour

From man-made deaths like a fatal stabbing, to diseases of the past such as Cholera and Smallpox we will share some stories, drop some knowledge and open your mind to the ways people from the past died. Warning: this tour is not for the faint hearted, and not suitable for children.

Cost: £10
Venue: Bath Road Entrance
Time: 7.30-9pm



Life and Death (but Mainly Death) by Dr Phil Hammond

Dr Phil reflects on life, the death of two dads and his mum still gate-vaulting at eighty. He also considers his own death. Is it possible not to kill yourself before your time, yet die gently when your time comes? Can we live and die with pleasure, purpose, compassion and modest medical interference? Laugh and plan your exit.

Cost: £10
Venue: Anglican Chapel
Time: 8.15-9.15pm



FRIDAY 23RD FEBRUARY

Living and Dying Mindful Photography

A workshop with Ruth Davey from Look Again to improve your photography skills, your sense of wellbeing, boost your self-esteem, become more focused and explore what living and dying means to you.

Cost: £35
Venue: Spielman Centre and around the site
Time: 10am-12.30pm



Remains to be Seen

A talk about our relationship with human remains and why mortician Carla Valentine advocates public display, interaction with the deceased and activities in graveyards to try and remove the stigma.

Cost: £12
Venue: Anglican Chapel
Time: 10.30-11.30am



Art & Music Installation by Jimmy Galvin

Come and take a moment to reflect in the Anglican Chapel with an Art & Music Installation by Jimmy Galvin. "Death Disco" has previously been displayed in London galleries, and this will be it's Bristol debut.

Cost: Free
Venue: Anglican Chapel
Time: 1-5pm



Radio Atlas presents: Requiem from a Cemetery

Everyone in this story is dead except its storyteller, Bengt Bok. As he walks around a cemetery, voices of people he's interviewed in the past emerge from the earth. Radio Atlas is an online platform for subtitled audio, designed to help you explore documentaries and sound art created in languages you may not speak.

Cost: Free
Venue: Spielman Centre
Time: 5-6pm, 6-7pm and 7-8pm

Morbid Curiosity Tour

From man-made deaths like a fatal stabbing, to diseases of the past such as Cholera and Smallpox we will share some stories, drop some knowledge and open your mind to the ways people from the past died. Warning: this tour is not for the faint hearted, and not suitable for children.

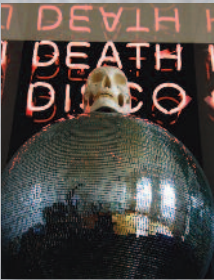
Cost: £10
Venue: Bath Road Entrance
Time: 6.30-8pm



Death Disco

A what? A Death Disco is a life-affirming event. You choose the songs that remind you of someone you have lost, songs you would like played at your wake or just your favourite songs about death, Then our master of music, DJ Omega, will select from the choices and you can dance the night away. Age limit: 18+

Cost: £8
Venue: Anglican Chapel
Time: 8-11.30pm



SATURDAY 24TH FEBRUARY

Morbid Ink: Human Memorial Tattoos

Consider the implications of marking a living body with representations of death with Dr John Troyer from the Bath University Centre for Death and Society. Discuss the evolution and psychology of the memorial tattoo, which can create a constant feeling of connection between the living and the dead.

Cost: £5
Venue: Spielman Centre
Time: 10-11am

Poetry Machine

Poet Beth Calverley will be creating bespoke, on the spot poetry for visitors to the festival. Just give her a word and get a personalised poem to take home, beautifully typewritten while you wait.

Cost: Donation
Venue: Cafe
Time: 10am-3pm



Poetry Workshop with Beth Calverley & Malaika Kegode from Milk Poetry

A workshop to help you immortalise your loved ones in your own poem. No prior experience needed – all abilities welcome.

Cost: £7
Venue: Spielman Centre
Time: 11.30-12.30pm

Putting the Fun back into Funerals

A funeral can be what you would like it to be and reflect your (and your loved ones) wishes. Local funeral celebrant Paul Kefford will guide you from horse to wicker, via way of Vikings and aeroplanes to inform your choices about what you definitely don't want, to what you want to explore further.

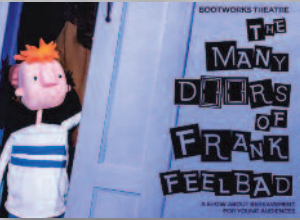
Cost: £4
Venue: Spielman Centre
Time: 1.30-2.30pm



The Many Doors of Frank Feelbad

Bootworks Theatre present their show about bereavement for kids and their accompanying grown-ups. It follows Frank, an inquisitive chap with a big problem: he's just lost his mum. Join Frank on his adventure to find her whilst solving puzzles and hunting for clues. Suitable for children age 4+

Cost: Adults £8 & Child £6
Venue: Anglican Chapel
Time: 2-3pm and 4-5pm



Death Cafe

A place to drink tea, eat cake and discuss death. The aim of Death Café is to increase awareness of death to help people make the most of their (finite) lives.

Cost: Donation
Venue: Spielman Centre
Time: 3-4.30pm



Taste-along to Sleepy Hollow

Imagine experiencing Tim Burton's Sleepy Hollow with your eyes, ears AND taste buds. We are overjoyed to be welcoming Conjurers Kitchen. Tasty morsels are prepared to match certain scenes in the film and during the screening, the film is paused at a strategic moment, the house lights come up, and the fun begins!

Cost: £15
Venue: Anglican Chapel
Time: 8.30-11pm



SUNDAY 25TH FEBRUARY

Talks and Demo's Day

Hear about the work of The Harbour – a Bristol based charity, that offers free counselling and psychotherapy to people affected by life-threatening illness. Talk: 10.30am

Take a walk to Arnos Vale's Natural Burial Woodland with our Cemetery Services Coordinator. Meet at the Spielman centre at 11am

View images from "At the Going Down of the Sun" – Marko Dutka's photographs show a rich and respectful repository of war graves, seen within a contemporary, night-time setting. Talk: 11.30am

Find out about huunuu – offering a range of inspiring and unexpected choices for how to commemorate your life in a way that truly reflects your individuality and how you want to be remembered. Presentation: 12.30pm



Meet the The Good Grief Project – the only bereavement charity in the UK dedicated to understanding grief as a creative and active process. Film and talk: 1.30pm

Watch Yuli from Bellacouche – hand-made natural wool eco-coffins. See her decorate a Leafcocoon shroud; you can even have a go yourself. Demonstration: 3pm.



Meet Mr King – find out about 19th century surgery which was a messy and dangerous undertaking. Demonstration: 10am-4pm

Cost: Free
Venue: Spielman Centre

Drop-in Death Films

Watch a selection of films that discuss and explore death and dying. Including award winning short film 'Rachel' by Karen Anstee and films from The Good Grief Project.

Cost: Donation
Venue: Anglican Chapel
Time: 11am-1pm

Death over Dinner

An opportunity to take a seat at the Arnos Vale candlelit banqueting table to discuss death over a dinner lovingly created by Kate's Kitchen.

Cost: £12
Venue: Spielman Centre
Time: 6-7.30pm



The Death Show

It's time to talk about the big D word.... Death. A bit grim, isn't it? Morbid, macabre and even unmentionable, but does it have to be that way? Drawn together by their shared fear of death, "thanatophobes" Lucy Nicholls and Antonia Beck invite you to embark on a journey of discovery, contemplation and courage. Take time to celebrate your own mortality, laugh, cry, stick two fingers up at the grim reaper and discover why talking about death is ultimately life affirming.

Cost: £10-12
Venue: Anglican Chapel
Time: 7.30-8.30pm

